

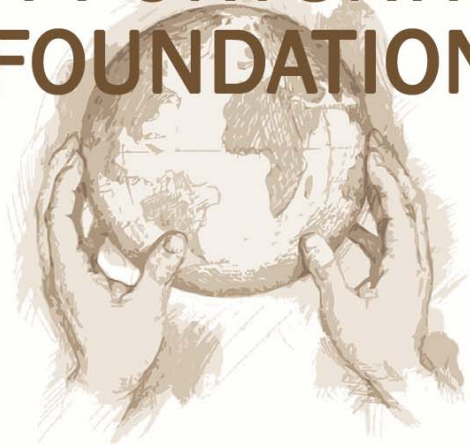
India

COF Mission Trip Guide



March 2012

CHILDREN'S OPPORTUNITY FOUNDATION



bringing
hope
to the
helpless

Thank you for your desire to come alongside us as we reach out to and strengthen the orphaned children in India. It is our desire to build lasting relationships with those in need, making a generational difference.

~Directors of Children's Opportunity Foundation & Bethesda Children's Home

BETHESDA CHILDREN'S HOME

Children's Opportunity Foundation (COF) is a 501 (3) c non-profit organization established in 2005 with the purpose of providing long term care for orphaned children.



In 1997 I spent three weeks in India teaching on the college campus where the Chandrashekar and Irene Eda train young people for future ministry. While traveling throughout India, I was profoundly impacted by the plight of the orphan children that I saw. God continued to do a work in our hearts and we found our whole family being drawn to the beautiful orphans of India. In November of 2003, we began working through all of the paperwork to adopt a little girl from India. Knowing there would be many children left behind without the possibility of ever being adopted into a family, we began the process of establishing an organization whose mission would be to meet the physical, spiritual, educational and social needs of orphans in India.
~Gene & Cheryl Witte, Stateside Directors

We are working with Chandrashekar and Irene Eda, both natives of India living in Mumbai. They have had an established ministry since 1981. Irene is currently serving as our overseas director, supervising the care of orphaned children at our first children's home, Bethesda Children's Home, on a beautiful campus located in Karjat, India.

In a country with 35 million orphans, poverty, suffering, disease and famine are experienced by orphaned children. Poor social and economic conditions add daily challenges to these children and their families. Often these children cannot be cared for by their parents or aging relatives. They become abandoned and desperate. These children have to fight to survive and are at risk. Many will never be adopted adding to the growing number of street children.



God's heart for orphan children captured my heart, and I became overwhelmed by the thought of caring for them. In 2004 I traveled to Chennai to visit a little orphan girl. As she reached for my cheek and kissed it, the desire to help meet the needs of these children in my country was ignited. Bethesda Children's Home, which means House of Mercy, opened its doors to five orphan children in May of 2005. Irene Eda, Overseas Director

Currently, 80 children are happy to call "Bethesda" home. They are enrolled in school, and learning English. Most importantly they are loved, protected, and learning about how much God loves them.

How we serve...

Our trip will be packed with work projects and great interaction and relationship building time with the children we serve. The work projects are designed to improve the facilities, programs, and living conditions of the children. We will start each day with morning Bible study, quiet time and group prep time. Then it is off to work. We will wrap up the projects by mid-afternoon and then spend the afternoon and evening doing activities with the children. We will end each day with worship and debriefing. Besides serving at the children's home, we will be visiting churches around the Mumbai area and fellowshiping with the believers.

Housing...

You will be staying on the campus of Bethesda Children's Home in dorms or at a modest hotel. Traditional Indian meals will be provided. We recommend that you also bring your own preference of snacks.



About India



India, the world's fastest growing free-market democracy, presents lucrative opportunities for all types of businesses especially U.S. companies. In 2005, U.S. merchandise exports to India were almost \$8 billion, doubled since 2002.

U.S. companies have the chance to make or increase sales in this booming market by joining the U.S. Department of Commerce's International Trade Administration Business Development Mission to India. Under Secretary for International Trade Franklin L. Lavin will lead the Mission with coordination by the U.S. Commercial Service in the United States and India.

India is a triangular shaped country in southern Asia, buttressed by the long sweep of the Himalayas in the north and protruding into the Indian Ocean in the south. Located in the northern parts of India are mostly snow covered mountain ranges. While in the southern and eastern regions of the country it is mostly hilly and plains. The wildlife of India is almost as varied as the countryside itself.

PEOPLE Although India occupies only 2.4% of the world's land area, it supports over 15% of the world's population. Only China has a larger population. Almost 33% of Indians are younger than 15 years of age. About 70% of the people live in more than 550,000 villages, and the remainder in more than 200 towns and cities. Over thousands of years of its history, India has been invaded from the Iranian plateau, Central Asia, Arabia, Afghanistan, and the West; Indian people and culture have absorbed and changed these influences to produce a remarkable racial and cultural synthesis.

HISTORY The people of India have had a continuous civilization since 2500 B.C., when the inhabitants of the Indus River valley developed an urban culture based on commerce and sustained by agricultural trade. This civilization declined around 1500 B.C., probably due to ecological changes.

ENTRY/EXIT REQUIREMENTS: U.S. citizens require a passport and visa to enter and exit India for any purpose.

MEDICAL FACILITIES AND HEALTH INFORMATION: Adequate to excellent medical care is available in the major population centers, but is usually very limited or unavailable in rural areas. Visitors to India should pay special attention to safe food and water precautions, and steps the traveler can take to avoid contracting malaria.

TRAFFIC SAFETY AND ROAD CONDITIONS: While in a foreign country, U.S. citizens may encounter road conditions that differ significantly from those in the United States. Professional transportation will be provided for all travel within India.

Full country name: Republic of India
Area: 3,287,590 sq km (1,229,737 sq mi)
Population: 1,166,079,217 (July 2009 est.)
Capital city: New Delhi
Languages: Telugu, Hindi, English
Religion: 80% Hindu, 14% Muslim, 2.4% Christian, 2% Sikh, 0.7% Buddhist, 0.5% Jains, 0.4% other
Government: Federal Republic
President: Shrimati Pratibha Patil
GDP: US \$3.304 trillion (2008)
GDP per head: US \$800, **per capita:** \$2,900 (2008)
Annual growth: 7.4%
Exports (est. 2008): \$187.9 billion
Imports (est. 2008): \$315.1 billion
Major industries: Textiles, chemicals, food processing, steel, transportation equipment, cement, mining, petroleum, machinery, rice, wheat, oilseed, cotton, jute, tea, sugarcane, potatoes; cattle, water buffalo, sheep, goats, poultry, fish
Major trading partners: US, Hong Kong, UK, Japan, Germany, Belgium, Saudi Arabia

ENGLISH PHRASE

TELUGU PHRASE

HINDI PHRASE

I	Nenu	Mein
You	Nuvvu	Tum / Aap (respect)
Open	Theruvu	Kholo / Kholiye (respect)
Sit	Kurcho	Baitho / Baithiye (respect)
Eat	Thinu	Khao / Khaiye (respect)
Drink	Tragatam	Piyo / Peejiye (respect)
Go	Vellu	Jaao / Jaaiye (respect)
Come (you come)	Ra	Aao / Aaiye (respect)
I go	Nenu velthanu	Mein jaata hoon
What is your name?	Nee peru enti?	Tumhara / Aapka naam kya hai?
How are you?	Neevu ela unnaavu?	Tum kaise ho / Aap kaise hain?
I am fine.	Nenu kshemangaa unnaanu.	Main achha hoon.

This information is taken from <http://www.languageshome.com/English-Telugu.htm> and <http://www.languageshome.com/English-Hindi.htm>.



India's flag – taken from the CIA Fact Book at

<https://www.cia.gov/library/publications/the-world-factbook/flags/in-flag.html>

Important Information

- ❑ You **MUST** have a passport with at least 6 months to expiration and an India visa to travel. You should contact your local government office to obtain a passport application or go online to http://travel.state.gov/passport/passport_1738.html. It takes approximately six weeks to get a passport.
- ❑ Once you have your passport you need to apply for an India visa. You must apply using Visa Express. Follow the instructions for a **TOURIST** at <http://www.visaexpress.net/> Contact COF for information or questions about the India visa application process. (email: info@childrensoportunity.org)
- ❑ Cash can only be exchanged at the airport and requires the presentation of your passport. ATMs are available in Mumbai and we have had no problem using them but we cannot guarantee that you will have access to one on your trip. Notify your bank or credit card company that you may be using your card in India.
- ❑ **Communication to the U.S. is limited.** You may bring your own cell phones to be used during individual free time. Keep in mind that not all cell phone or cell phone plans are covered in India. Please check with your provider to verify your phone and service provides access in India. Internet is currently not available at the orphanage so expect to have no internet communication during the week.
- ❑ Please supply COF with a list of all relevant individual medical conditions that may affect the program such as all allergies and medical conditions that require immediate hospital care.
- ❑ **Pictures and videos:** We recommend bringing a still and/or video camera to capture the beautiful children as well as the scenery in India. Due to cultural and religious beliefs in other countries, we recommend that respect be given to individuals throughout the country.

General Information

- ❑ Traveler's health insurance will be purchased by COF for each mission participant. The cost is included in your COF fee.
- ❑ COF recommends that each mission participant consult his/her doctor regarding international travel and immunizations.
- ❑ **Security** – There are always risks when you travel to third world countries and that is why we take precautions when you visit our facility. While in India you will travel by bus or vehicle driven by COF staff or hired driver. We also take simple precautions by traveling as a group and not letting group members venture off alone.
- ❑ If you bring anything that needs electricity, you will need an adapter plug and, depending on the device, you may need a converter. The electricity in India is 220 V.

Vaccinations

In order to travel to India you need to receive vaccinations to protect yourself from disease. Please make these arrangements soon as some of the vaccinations require a series of shots.

You can contact your family doctor to see if he or she is able to administer these vaccinations. However, many of them do not carry all of the vaccinations.

Other options that have all of the vaccinations and are generally less expensive are county health departments and travel health agencies, such as Global Health Services and Passport Health. Payment in the form of cash or check is due at the time services are rendered. We recommend that you contact your insurance company before getting your vaccinations; many of them **do not** cover all of the costs.

The medical facility you choose to use will provide you with a complete list of vaccinations recommended for India. Children's Opportunity Foundation also suggests you visit the Centers for Disease Control and Prevention at www.cdc.gov for a complete list. This site also provides a description of the diseases the vaccinations control.

Suggestions for additional vaccinations/prescriptions are:

- Tetanus
- Cipro Pills (for traveler's diarrhea)

Finally, when you get your prescription for Malaria, make sure your pharmacist gives you the **full** prescription. Some will only give you what your insurance covers; however, you **NEED** the entire prescription.

Health services contact numbers in the area:

Global Health Services	763-586-9590	912 E 24th Street #2 Minneapolis, MN
Passport Health	952-922-9089	6700 France Avenue South Edina, MN
Waseca County Public Health		507-835-0655
Steele County Public Health		507-444-7650
Blue Earth County Human Services (community health)		507-304-4222

Airline Information

Airline: _____
Confirmation/reservation #: _____
Flight numbers: _____

LUGGAGE RESTRICTION: Please check with airline provider for any restriction changes (especially as trip approaches)

- Most airlines allow one free checked luggage up to 50 pounds
- Please inquire with your specific airline if you are allowed two free bags
 - One for your personal belongings
 - One for donations
- Carry-on luggage may consist of a small piece of luggage plus a purse, briefcase, laptop computer or small backpack.

*Checked luggage within the free bag allowance that weigh more than 50 pounds and up to 70 pounds will be assessed an additional heavy bag fee.

As with all international travel, please arrive at the airport two hours before departure to ensure that your group is ready to depart.

Donations

We will provide a list of needs for the ministry so that group members can collect donations to bring with them in their second piece of luggage.

Seasons:

Mumbai has a tropical wet and dry climate.

Mar-June: hot summer 77°F - 104°F

July-Oct: wet monsoon season 69°F - 88°F

Nov-Feb: warm dry winters 55°F - 82°F

ITEMS TO PACK

Medicine:

Malaria prescription
Personal prescriptions

Optional Medicines:

Allergy medicine
Cipro prescription (if prescribed)
Ibuprofen/Tylenol
Imodium AD / Pepto-Bismol
Motion sickness medication

*Keep several days of medication in your carry-on in case checked luggage gets lost.

Personal Items:

Backpack/small bag
Bandannas or scarves
Bath towel and washcloth
Twin Sheets & pillowcase (pillow will be provided)
Extra trash bag for dirty clothes
Bible
Notebook
Bug spray with deet
Hand sanitizer/wet wipes
Camera
Earplugs for light sleepers
Small flashlight
Lice shampoo
Passport holder/money belt (recommended)
Sandals
Sunglasses
Sunscreen
Toiletries (unscented)
Water bottle
Working/walking shoes

Food and Supplies: (optional)

Fruit in cans or plastic cups
Granola/breakfast/power bars
Hard candy
Snacks (nothing that will spoil)
Powder Gatorade/Crystal Light

Money for:

Souvenirs
Travel snacks in airports

Other Things to Bring or to Remember

Men's Clothing:

Button, collared shirt or polo
Jeans
Khakis or light dress pants
Rain gear (ponchos) during monsoon season
Shorts—must be at least knee length*
Sweatshirt for night time during winter season
T-shirts
Work clothes

Women's Clothing:

Long dresses or skirts
Pants/Capri length (below the knee pants)
Rain gear (ponchos) during monsoon season
No shorts to be worn in public*
Sweatshirt for night time during winter season
T-shirts
Work clothes

Shorts should not be worn while traveling.

Due to cultural considerations ALL shorts (male and female) must be at least knee length. No tank tops, midriffs, spaghetti strap shirts. **Please keep safety and modesty in mind as you pack for the trip.**

Clothes and shoes may be ruined from work projects.

Trip Leader Information

Planning Timeline

9 Months Before - Attend informational meeting/webinar

8 Months Before - Advertise your trip and schedule an informational meeting to get participants interested. Take sign-ups and send out informational packets.

7 Months Before - (Optional) Set-up fundraising events for your group.

Remind participants to begin receiving their vaccinations.

6 Months Before - Finalize reservations with us. Arrange airline reservations.

4 Months Before - Promote mandatory pre-trip meetings for group members.

3 Months Before - Contract and deposit is due. Conduct 1st mandatory pre-trip meeting. Start India visa application process.

2 Months Before - Balance of COF fee and travel documents due. Mail all visa application requirements to India Embassy.

1 Month Before - Conduct final mandatory pre-trip meeting and pack donation bags.

Day of Departure - Meet at the airport 2-3 hours before departure time. Have a great trip!

After the trip - Have a group get together and invite immediate families and friends to hear stories and see pictures of the trip. Share what you have seen and think of ways to get others involved. Plan a trip in the future!

Pre-Trip Meetings

Informational Meeting/Webinar

- Tell COF Story & show videos
- Make available trip manual
- Begin sign-ups and set sign-up deadline

Pre-Trip Meeting/Webinar #2

- Make documents available and have participants fill them out at the meeting
 - o Minors must have both parents sign the Permission for Minors to Travel to India form
- Make documents available and ask each participant to complete and have the forms notarized and return them to the Trip Coordinator in time to have them returned to COF two months prior to the trip.

- Discuss other materials provided by COF and answer questions.
- Collect the deposit from each participant.

Pre-Trip Meeting #3

- Collect any documents missing from participants.
- Discuss final travel plans.
- Pack donation bags and ask participants to bring bags to the airport.
- Check to see if participants have met with their physician and have received Malaria medication.

FUND RAISING LETTERS

You can search Google for examples of Missions Trips support letters, but your letter should sound like "YOU." Here are a few suggestions that your letter should contain

- 1.) Try to open with a scripture that the Lord is laying on your heart.
- 2.) Paragraph about Children's Opportunity Foundation and Bethesda Children's Home

Example: *"I have recently made the exciting decision to go on a mission trip with an organization called Children's Opportunity Foundation (COF). The passion of COF is to bring hope to helpless. They partner with Bethesda Children's Home in Karjat, India who care for 80 children."*

- 3.) Paragraph about why you want to go
- 4.) Paragraph about what you will be doing and the dates you plan to be gone
- 5.) Paragraph about your need for prayer

Example: *"I cannot accomplish this task alone, so please join me with your prayers. I am praying specifically that God will provide the support I need to be able to go this _____ (Date of the Missions Trip) and that during my time there that God would enable me to make a difference in the lives of these people."*

- 6.) Paragraph about your plan of action

Example: *"I am asking you to also be a part of this mission trip by investing in my life and in the lives of the children I will minister to in Jamaica. During the next two months, I will be working very hard to raise the finances to go on this mission trip."*

- 7.) Paragraph about how to help financially

Example: *"Any amount you give will be greatly appreciated. If you would like to pay with a check, please make all checks payable to Children's Opportunity Foundation. In order for you to receive a tax deduction for your donation, **please do not write my name on the check.** Instead include a note saying: "2012 Missions Trip India." You can send all donations to **Children's Opportunity Foundation, P.O. Box 241, Waterville, MN 56096** All donations to Children's Opportunity Foundation are tax-deductible. Donations are non-refundable and non-transferable regardless of any cancellation circumstances. The deadline is _____ (Date)."*

If you have any questions or comments, you can get a hold of me at [**enter your phone number and e-mail address here**]. You can also contact the Stateside Directors, Gene or Cheryl Witte at 507-362-4314.

Thank you so much for your consideration. Your prayers and support are greatly appreciated!

God Bless You,

(Try to get their attention by putting your letter on bright paper, downloading a picture of the India flag, putting your picture on it, using cool fonts, etc. Do anything to make your letter stand out to them in a tasteful and personal manner.)

What We Believe

It is important to know what we believe about things like the Bible, God, humanity, Satan, salvation, eternity and the church.

THE BIBLE

That the Scriptures of the Old and New Testaments are inspired by God and inerrant in the original writings, and that they are of supreme and final authority in faith and life. (2 Timothy 3:16-17)

GOD

God (Father)

There is one God, the Creator; eternally existing in three persons: Father, Son, and Holy Spirit. (Deut. 6:4; 2 Corinthians 13:14; Matt.28:19; John 14:1-2, 21)

God the Son (Jesus Christ)

Jesus Christ is the only Son of God, equal with the Father. He was born of a virgin, lived a sinless human life, and voluntarily atoned for the sins of all mankind by dying on a cross. He rose from the dead, physically demonstrating His power over sin and death and then ascended to God's throne where He currently acts as our advocate. One day He will personally and visibly return to reign as King of kings. (John 1:1-3; 14; 3:16-18; Rom. 3:24-26; 5:8-9; Rev. 20:1-10)

God the Holy Spirit

The Holy Spirit is a person, fully God, equal with the Father and the Son. He moved the human writers of the Bible to write God's Word. He makes people aware of their need for Jesus, performs the miracle of new birth, and comes to live permanently in every Christian the moment they trust in Christ. He unites all Christians into the one body of Christ, providing each of them with power for service, understanding of spiritual truth, and comfort in the midst of trials. Christians mature as they submit to His leadership. (John 3:5-7, 14, 16-17; 16:8; 17:7-14; Eph.1:13)

HUMANITY

Man was created in the image of God, made for a relationship with Him. But the whole human race fell in the fall of the first Adam, marred us with sin, separating us from God. This makes us liable for judgment, and ultimately results in eternal death apart from God's salvation through Jesus Christ by grace alone. (Gen. 1:26-27; John 3:16-18; Rom 3:23; 6:23; Ephesians 2:1-3, 8-9)

SATAN

In Satan as a real person (Eph. 6:11-12; 1 Peter 5:8; Rev. 12:9; Rev. 20:10)

SALVATION

Jesus Christ became the sinner's substitute before God. His death on the cross made it possible for man to enter a personal relationship with God. We cannot enter this relationship by self-improvement or good works. Only by trusting in the Jesus Christ alone can we be forgiven for our sins, come into a secure, eternal relationship with God and be saved from His judgment. When we turn from depending on ourselves to Jesus Christ in faith, we are saved. Eternal life begins the instant one receives Jesus Christ into his life by faith. As we grow in our faith, sanctification takes place. (John 3:16-18; John 5:24 Rom. 8:1, 38-39; Eph. 2:8-9,5:26-27).

THE CHURCH

The church is the body and the bride of Christ. The church is the family of God, created to worship Him and reveal His glory on earth by reaching out to those who do not know Him, loving each other, growing in the unity to become more like Christ, and serving others in His name. The church celebrates baptism and the Lord's Supper until Jesus returns. As a part of the family of God, we are called to live a life of separation, to be in the world not of it. We are responsible for sharing the Gospel of Jesus Christ. We are therefore concerned about all physical, social and spiritual needs of all people, and we will use every opportunity to communicate and express the love of God to orphans. (James 1:27 Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress...) We trust Him to continue to guide us as and to remind us that adoption and caring for orphans is at the very heart of God and caring for orphans is about obedience.... It is about knowing the God in whom we serve. (Matt.28:19-20; Acts 2:42-47; I Cor.12:12-27; I John 2:15-17)

ETERNITY

People are created to exist forever. We will either exist separated from God by sin in hell, or eternally in relationship with God through forgiveness and salvation in heaven. Heaven and hell are real places of eternal existence. (Matt. 25:31-46; John 3:16-18; Heb. 9:27; Rev.21:6-8)

Document Checklist

Below is an overview of all the documents that are needed. You will need to sign and return the forms to the COF office or take with you on your trip. Please note the instructions for each form. If you are missing something, please contact Missions Trip 2012 at info@childrensoportunity.org or 507-362-4314.

Passport List – to be emailed to COF at least 2 months prior to trip

- Name of each participant as it appears on their passport
- Passport number
- Birthday
- Vocation

Adult Forms – to be returned to COF

- Emergency Information
 - o Trip Coordinator keeps original and sends copy to COF
- Liability Release (**notarize**)
- Agreement Policy

Minor Forms (applicable to children under 18 years old) – to be returned to COF

- Emergency Information (**notarize**)
 - o Trip Coordinator keeps original and sends copy to COF
- Liability Release for Minors (**notarize**)
- Permission for Minors to Travel to and from India (**notarize**)
 - o Both parents must sign
 - o Trip Coordinator keeps this form
- Agreement Policy

All Participants – to take while traveling

- Valid passport with India visa

Children's Opportunity Foundation Travel Form Instructions

READ THESE INSTRUCTIONS

Please verify that all information is correct. All forms are good for three (3) years from the date of the signature. Please keep a copy of each form for your records for future trips.

Minors (17 and younger)

1. Agreement Policy

- a. Sign
- b. Keep a copy for your records.
- c. Mail the original of this form to Children's Opportunity Foundation

2. Emergency Information form

- a. Sign in front of a notary and have it notarized.
- b. Keep the original form and take it with you on your trip. It may also be given to the Trip Coordinator of your trip.
- c. Keep a copy for your records.
- d. Mail the copy of this form in its entirety to Children's Opportunity Foundation.

3. Liability Release

- a. Sign in front of a notary and have it notarized.
- b. Keep a copy for your records.
- c. Mail the original of this form to Children's Opportunity Foundation.

4. Permission to Travel Form for Minors

- a. This form is required and may be viewed by airline agents to verify that a child may leave the country.
- b. Fill the form out by hand.
- c. Sign in front of a notary and have it notarized.
- d. The original needs to travel with the minor or the adult listed on the form.
- e. Mail a copy of this form to Children's Opportunity Foundation.

Please send forms to:

Children's Opportunity Foundation
PO Box 241
Waterville, MN 56096

AGREEMENT POLICY FOR MISSION TRIP

Valid Through 12/31/2015

**Please read and consider carefully before signing.
You may decide not to participate after reading this.**

Initial each line.

- _____ I agree that I will not bring or participate in the use of illegal drugs, alcohol, cigarettes, or chewing tobacco while serving with Children’s Opportunity Foundation. I understand that if there is any reason to believe a participant has drugs or alcohol with them, the participants bags may be checked.
- _____ I agree to avoid engaging in any morally questionable activities while serving with Children’s Opportunity Foundation.
- _____ I understand that there will be no women in men’s rooms and no men in women’s rooms.
- _____ I understand that there is no leaving the rooms after curfew and I agree that I will not leave my room after curfew. I will not leave the ministry facility without a Children’s Opportunity Foundation staff person under any circumstances
- _____ I give permission for Children’s Opportunity Foundation to use group or individual photos or video in any Children’s Opportunity Foundation.
- _____ I agree to be on time to all departures and events throughout the trip.
- _____ I agree to respect the authority of the leaders.
- _____ I understand that any damage on my behalf will be my financial responsibility and agree to pay for any damages.
- _____ I agree not to use my cell phone or portable music device during my time serving the children and communities with Children’s Opportunity Foundation. I understand that I need to abide by my Trip Coordinators rules regarding the use of cell phones and portable music devices at other times during the mission trip.
- _____ I agree that I will not harm any child by teaching inappropriate language, coarse jesting, or by sexually or physically abusing them in any way. I understand that if I were to break any law regarding the endangering of the children served through Children’s Opportunity Foundation, the ministry will cooperate with authorities to the full extent of the law.
- _____ I understand that participation in mission programs offered with Children’s Opportunity Foundation is based upon participation by choice philosophy. I agree to let one of the COF staff members know if I feel that project or activity in which I am involved is beyond my physical capabilities.

Name of Participant: _____

Birth Date: _____ / _____ / _____

Participant signature: _____

Parent's signature: _____

(if participant is under age 18)

Date: _____

EMERGENCY INFORMATION

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Valid Through 12/31/2015

**TAKE THIS FORM WITH YOU ON YOUR TRIP
MAIL A COPY TO CHILDREN'S OPPORUNITY FOUNDATION**

Name:

Male

Female

Emergency Contact:

Date of Birth of
Participant:

Relationship:

Home Address:

Phone:

Home Address 2:

Physicians Name:

City/State:

Physicians Phone:

Zip Code:

Home Phone:

Office Phone:

Email:

**HEALTH
INSURANCE:**

Each participant is responsible for medical expenses. Sickness and accident insurance is required, which COF will purchase.

Insurance Co.:

Street Address:

Policy #:

City/State/Zip:

EMERGENCY INFORMATION

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Valid Through 12/31/2015

**MEDICAL
INFORMATION:**

Allergies (including medicines, foods, bites, stings): List all below or check
"None". None

Allergy	Reactions	Medication Required

MEDICATION: List all current medications below or check "None" None

Medication	Condition	Dosage (size/frequency)	Current Side Effects

EMERGENCY INFORMATION

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HEALTH PROFILE: Check and describe below

Yes	No		Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Pregnant	<input type="checkbox"/>	<input type="checkbox"/>	History of heart attack/by-pass/angioplasty/angina
<input type="checkbox"/>	<input type="checkbox"/>	Medical Equipment	<input type="checkbox"/>	<input type="checkbox"/>	Other cardiac conditions (heart murmur/irregular heartbeat (specify below)
<input type="checkbox"/>	<input type="checkbox"/>	Seizure within the past 1 year	<input type="checkbox"/>	<input type="checkbox"/>	Diabetic requiring medication
<input type="checkbox"/>	<input type="checkbox"/>	Hospitalization/Emergency Room visit within the past year	<input type="checkbox"/>	<input type="checkbox"/>	Known abnormally high cholesterol level
<input type="checkbox"/>	<input type="checkbox"/>	High blood pressure, even if being treated with medication	<input type="checkbox"/>	<input type="checkbox"/>	Special diet
<input type="checkbox"/>	<input type="checkbox"/>	Neck/back/shoulder/knee/ankle problem	<input type="checkbox"/>	<input type="checkbox"/>	Other medical conditions (physical, mental, etc)

Detailed description including symptoms/any restrictions

Issue #1

Issue #2

Issue #3

Issue #4

Issue #5

EMERGENCY INFORMATION

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Valid Through 12/31/2015

AUTHORIZATION:

FOR MINORS/ADULTS:

I/we individually and/or as parents and natural guardians of my/our minor child do hereby authorize, permit and consent to any X-ray examination, anesthetic, medical, surgical or dental diagnosis or treatment, and hospital care, to be rendered to the minor/adult under the general or special supervision and on the advice of any physician or dentist duly licensed on the medical staff of a licensed hospital, clinic or emergency care center whether such diagnosis or treatment is rendered at the office of said physician or at said hospital, clinic or emergency care center.

The undersigned shall be liable and agree(s) to pay all costs and expenses incurred in connection with such medical and dental services rendered to the aforementioned child or for me pursuant to this authorization.

Should it be necessary for me/my child to return home due to medical reasons or otherwise, the undersigned shall assume all transportation costs.

Name of Participant: _____
Birth Date: _____ / ____ / ____
Participant signature: _____
Parent's signature: _____
(if participant is under age 18)
Date: _____

LIABILITY RELEASE FOR MINORS

Valid Through 12/31/2015

In consideration of acceptance of the undersigned Participant by **CHILDREN'S OPPORTUNITY FOUNDATION** for participation in mission trips and related activities and events, the undersigned, who hereby represents they are the parent and/or guardian of the Participant, and possess sole and full legal authority to consent on behalf of the Participant, does hereby forever release and discharge **CHILDREN'S OPPORTUNITY FOUNDATION**, and its officers, directors employers, employees, principals, agents, insurers, successors, and assigns, for and from any and all liability, claims, demands, controversies, damages, actions, and causes of action including but not limited to all claims or actions involving liability, personal injury, sickness, or death, as well as property damage and expenses arising out of, or involving any mission trip or related activity or event. The undersigned acknowledges the risks inherent in mission trips and hereby voluntarily and knowingly assumes those risks on behalf of the Participant and acknowledges by signing this Release they are releasing and waiving all claims, demands, actions, or causes of action of any type or nature on behalf of himself or herself, the Participant and his or her heirs, executors, administrators, successors, and assigns. The undersigned represents they fully understand the intent, meaning, and import of this Liability Release and have read this document in full and all questions, if any, have been fully answered prior to signing.

The undersigned represents they fully understand the intent, meaning, and import of this Liability Release and have read this document in full and all questions, if any, have been fully answered prior to signing. This Liability Release shall remain in full force and effect for a period of three (3) years from the begin date of your next scheduled mission trip after the date of signing and shall apply in full to all mission trips and related activities and events involving the Participant occurring, or which commence within this three (3) year period, or until the Participant shall attain the age of eighteen (18) years whichever may occur later. It shall be the sole duty and responsibility of the undersigned to notify **CHILDREN'S OPPORTUNITY FOUNDATION** should there be any change in the authority of the undersigned to act with sole and full legal authority on behalf of the Participant during the three (3) year period this Release shall remain in effect.

The undersigned, by signing this Release, authorizes **CHILDREN'S OPPORTUNITY FOUNDATION** to provide or furnish all necessary transportation, food, or lodging associated with any activity or event. Further, the undersigned does hereby acknowledge the Participants status and capacity as that of a licensee only, with respect to any real property used or occupied in conjunction with any activity or event and does also hereby release and discharge any owner and occupier of said real property from any and all liability, claims, demands, controversies, damages, actions, and causes of action arising out of the use or occupation of said real property.

The undersigned further hereby agrees to indemnify and save harmless **COF** and its officers, directors, employees, principals, agents, insurers, successors, and assigns from any liability incurred resulting from any negligent, willful, wanton, or intentional acts of the undersigned including payment of all attorneys fees.

The undersigned hereby acknowledges the receipt of rules and regulations promulgated and distributed by **CHILDREN'S OPPORTUNITY FOUNDATION** and agrees both the undersigned and the Participant shall abide by the same and further agrees to adhere to the directions of those in authority and leadership for all activities or events.

Participant's printed name: _____

Participant's signature: _____

Parent or guardian printed name: _____

Parent or guardian _____

signature:

Date:

Notary Signature:

Notary Printed

Name:

Notary for the State
of:

My appointment
expires on:

Notary Seal

PERMISSION TO TRAVEL FORM FOR MINORS

Minors under the age of 18 traveling from the United States to any foreign country, when not accompanied on the trip by parent(s) or legal guardian(s), must have a notarized affidavit from the parent(s) or legal guardian(s) not accompanying the child that:

1. The child is traveling out of the United States with the permission of the parent(s) or guardian(s),
2. That the non-traveling parent(s) or guardian(s) is aware that the child is leaving on the departure date, and
3. The name(s) of the person(s) accompanying the child.

If the minor child is leaving the country without either of his/her parent(s) or guardian(s), both parent(s) or guardian(s) must provide a notarized signed affidavit as outline.

Both parents or guardians must sign the permission form, which **MUST** be notarized. If the parents or guardians are not together, parent/guardian consent from both parents/guardians is still necessary. If one parent/guardian is the custodial parent/guardian or deceased, there **MUST** be legal proof/documentation of this status.

PERMISSION TO ENTER FOREIGN COUNTRY FOR MINORS (under age 18)

This certifies that Participant Trip has the permission of his/her undersigned parent/guardian to enter country/ies to participate in an international trip for the dates of ____/____/____ to ____/____/____.

Names of the responsible adults that will be accompanying the minor:

1. _____
2. _____
3. _____
4. _____

Signing this form also authorizes one parent to solely sign the COF Agreement Policy, Emergency Information, and Liability Release for Minors forms.

Signature of mother or guardian: _____

Printed name of mother or guardian: _____

Signature of father or guardian: _____

Printed name of father or guardian: _____

In the state of _____ and county of _____ on this day _____ of _____, before me personally appeared _____ and _____ to me known to be the individual or individuals described in and who executed the within and foregoing instrument, and acknowledged that he/she/they signed the same as his/her/their free and voluntary act and deed, for the uses and purposes therein mentioned.

Notary
Signature: _____

Notary
Printed
Name: _____

Notary
Public in _____
and for the
State of:

My
appointment _____
expires on:

Notary Seal

How to fill out the India Immigration Form (FMM or Entry Registration) when arriving in India

1. Name: Your first name
2. Surname: Last name
3. Nationality: USA (unless different)
4. Date of Birth: Put your Day first, then month, then year
5. Sex
6. Passport #
7. Means of Transportation: Air
8. Put your flight number here
9. Country where journey began: USA
10. NA
11. Place of destination: Mumbai
12. Type of Trip: Tourism/Visit Friends Day's stay: 9
13. Address in India: RH-4, H/16, Sector-6, Vashi Navi Mumbai 400 703
14. Main Activity: work

Date it and sign it.

On the right side of the form (this is your Departure Registration OR "Visa")

1. Name: First name
2. Surname: Last name
3. Nationality: USA (unless different)
4. Date of birth
5. Sex
6. Usual Residence: Abroad
7. Your departure airline #: Example – CO497

That is all!